

The Child Abuse Prevention Center is home to

4700 Roseville Road ■ North Highlands, California 95660
 1-800-CHILDREN fax 916-244-1950



PRST ST
 U.S. POSTAGE
 PAID
 MMS

CAPITAL CAMPAIGN CONTRIBUTORS

The following individuals, businesses and foundations have made contributions to the Child Abuse Prevention Council "Capital Campaign" for their new training and conference center. If you want to get involved or would like more information, please call Robin Coyle at 916-244-1971.

Honorable David and Susan Abbott
 Adams and Mason, Inc.
 Air Systems of Sacramento
 Roger and Carole Akers
 Paul Akuna
 Fran Alberghini
 Abe Alizadeh
 Mary Amaya
 American Association
 of Legal Nurse Consultants
 American Express
 American Title Company
 George and Gregory Anderson
 Larry and Sheila Anderson
 Laura J. Anderson, MD
 Laurie Andreoni, MD
 Philip Angelides
 Amyli, Scofield, Stepp & Universal
 Arata Bros. Trust
 L.S. Arroyo
 Stan Atkinson Foundation
 Baker Williams Engineering Group
 Gary Baldwin and Elizabeth Hitchcock
 Robert Bale
 John and Nancy Tyler Ball
 Laurie Ball
 Barclays Global Investors
 Jennifer Barnes
 Rebecca Barron
 Beazer Homes Northern California Division
 Daniel Benson, MD
 Robert Bernstein
 Janis Bestler Heaphy
 Biba's Restaurant
 Robert and Stephanie Biegler
 Norma Bigornia
 Mr. and Mrs. William Bitz
 Lehman Black, MD
 The Blomsterberg Family
 Blue Cross of California
 James Boggan, MD
 Jessica Bohrer
 Daniel and Sarah Boone
 Honorable John Boskovich
 Elizabeth Brand
 Barry and Karen Brokaw
 Marco Reid Brown
 Melissa Brown
 Norm and Lynn Brown
 Mr. and Mrs. Anthony Buccola
 Robert Buccola
 William Buchanan

Hans Ulrich Buelf
 Anthony Burg
 Honorable Trena H. Burger-Plavan
 and Frank P. Plavan
 Charles and Linda Burkholder
 Dick and Berta Cable
 Cable Land Company
 William C. Callahan
 Connie Callahan and Randy C. Haight
 Carl and Carol Calnero
 Dennis Campos
 Capital Builders, Inc.
 John-Ann Carille and Raymond E. Wakeman
 Dennis Carlo, MD
 Cynthia Cassano
 Steve Cassinelli
 Catholic Healthcare West Mercy
 Hartin and Hume
 Dea and Joe Hartzog
 HDL Design
 Donald H. Heller
 Help-a-Child Fund
 Rebecca Henshaw
 Lloyd and Patricia Hinkelman
 Elizabeth Hitchcock
 Christopher and Cheryl Holben
 Mr. and Mrs. Hughes
 Carol Hyland
 Michael Ingram
 J4 Systems
 Frederick and Nancy Jacobs
 Michael Jett
 Debbie Johnson
 Honorable Talmadge and Carolyn Jones
 Kaiser Permanente
 Bruce Kaye
 Glen Kelley
 Eric Kemper and Peggy Andreotti
 Kenneth Jonsson Family Foundation
 William Karshaw
 Douglas Kindall
 Cynthia and Wayne Kitade
 Kim Kuziora
 Karen LaCarra
 W. Michael LaRoche
 W.B. and Inez Lasher
 Law Offices of Wanland & Bernstein
 Charles Leathers and Star Amador
 Robbie Lemons
 Richard and Cynthia Linkert
 Dr. David Linstadt and Dr. Sonjo Sorbo
 Patrick R. Little
 Dr. Anant and Mrs. Lynn Lodhia

Mathew Dudzick and Jennifer Koerner
 Daniel Dunlevy, MD
 Dunnigan Realtors
 Jeff and Wendy Earle
 Mr. and Mrs. Robert Earle
 Barbara Eaton
 Eddie Bauer, Inc.
 Shaune Edinboro
 E. L. Cord Foundation
 Marissa Estrada
 Kali and Kala Eswarans
 Matthew Evans
 EXPD Design Center
 Darin Fain and Lauri Greenberg
 The Fertiman Family
 John Paul and Paula Figlar
 Kieran and Martha Fitzpatrick
 Fleishman-Hillard, Inc.
 Drew, Alex and Kara Flesham
 Mr. and Mrs. Stanley Flesham
 Daryl Foreman
 Forrest and Shirley Plant Endowment Fund
 Fox 40
 Barry French, MD
 Mort and Marcy Friedman
 John Frisch
 Dawn Futrell
 Gannett Foundation
 Alfred Gawthrop, Jr.
 The Gidaro Family
 Give Something Back Community Fund
 Cecilia Glaser
 Sylvia Glassman
 Harold Goldstein
 Stephen B. Gorman
 Dr. Richard Gould and Michelle Masner
 The Governor's Residence Foundation
 Randy Graham
 Greater Sacramento Area Nurse Consultants
 Carl and Sally Greenwell
 Grubb & Ellis Company
 Steven H. Gurnee
 John and Yvette Haluck
 Scott and Valerie Hanson
 Hanson McClain, Inc.
 Harbison, Mahoney and Higgins Builders
 Hartin and Hume
 Dea and Joe Hartzog
 HDL Design
 Donald H. Heller
 Help-a-Child Fund
 Rebecca Henshaw
 Lloyd and Patricia Hinkelman
 Elizabeth Hitchcock
 Christopher and Cheryl Holben
 Mr. and Mrs. Hughes
 Carol Hyland
 Michael Ingram
 J4 Systems
 Frederick and Nancy Jacobs
 Michael Jett
 Debbie Johnson
 Honorable Talmadge and Carolyn Jones
 Kaiser Permanente
 Bruce Kaye
 Glen Kelley
 Eric Kemper and Peggy Andreotti
 Kenneth Jonsson Family Foundation
 William Karshaw
 Douglas Kindall
 Cynthia and Wayne Kitade
 Kim Kuziora
 Karen LaCarra
 W. Michael LaRoche
 W.B. and Inez Lasher
 Law Offices of Wanland & Bernstein
 Charles Leathers and Star Amador
 Robbie Lemons
 Richard and Cynthia Linkert
 Dr. David Linstadt and Dr. Sonjo Sorbo
 Patrick R. Little
 Dr. Anant and Mrs. Lynn Lodhia

Melissa Logan
 Honorable Rudolph Loncke
 Lorman Education Services
 Helen Lovallo
 Jodi Lusiana
 Lyon Real Estate
 Macy's
 Dr. and Mrs. Charles R. Mahla
 Patrick and Cindy Mangan
 Patrick Marlette
 Marr, Shaffer & Miyamoto
 Bruno and Peggy Marraccini
 Marie Marsh
 Scott and Nancy Marshall
 Robin and Debra Lyn Martial
 Matheny, Sears, Linkert & Long
 Christine Mattos
 Rick and Lynne Mayer
 Patrick and Kathy McClain
 Patrick McMenamin, MD
 Ray McNally
 McNally Tappe Associates, Inc.
 John Meehan
 Michael Metzger
 Jeffrey and Christine Micheli
 Duane and Carol Miller
 Ronald J. Mittelstaedt
 Mittleman & Pritel
 Miyamoto International, Inc.
 James M. Mize
 The Moak Family
 Pasquale Montesano, MD
 Stephanie Moore
 The Morrison & Foerster Foundation
 Tammy and Todd Murray
 Ann Nakamura
 Nelmar Construction
 Jaime Nelson
 Namba Law Offices
 NetsWork, Inc.
 William and Anna Rita Neuman
 Alan and Frances Newman
 Noack & Dean
 Nordstrom
 Nusbaum Family Trust
 Kathy Orchard
 Philip Orisek
 April Orsi
 Justine Ortiz
 Arnold and Patricia O'Shields
 Anthony Osmundson
 Allen Owen and Linda Whitney
 Pacific Service Credit Union
 Richard Park
 PASCO Scientific Foundation
 William Pattison
 Gary Perry
 Monica Phillips
 George and Diane Picette
 Pinkie Pictures
 Placer Sierra Bank
 Thomas Prendergast
 Presbyterian Church of Fair Oaks
 Pomares and Co. LLP
 Quest Discovery Services
 Eugene Questa
 Radiation Oncology Centers
 Joe Ramsey
 Ray Stone, Inc.
 Ann Reardon
 Richard Reese
 Elliot Reiner and Deborah Metzger
 Dennis and Deborah Richmond
 River City Bank
 River City Staffing
 Steven and Barbara Rodda
 Nicole Rodgers
 Dr. Steve Rose and Debbie Rose
 Laurie Rose
 Thomas Roseberry, DDS, Inc.
 Sam Rosenwasser
 Alfred and Yvette Rowlett

The Sacramento Bee
 Sacramento Commercial Bank
 Sacramento Regional Foundation
 Tracy Sandin
 The Sanger Family
 SBC Employees
 Richard and Rhonda Scangarello
 Honorable Arthur and Susan Scottland
 Krystal Scroggs
 Segal and Kirby
 John Segale
 Tim and Cindy Sellers
 Sonja Session
 Hardie and Holly Setzer
 Cal and JoAnn Setzer
 Setzer Foundation
 Jim and Cheryl Sewell
 Cynthia A. Sheffer
 Dennis Shorrock
 Silk Tree Plantation and Gifts
 Pamela Simmons-Nelson
 D.J. Smith
 Phillip and Jill Smith
 James and Linda Smollich
 Lori Snyder
 Somekh Family Foundation
 Spiritual Life Center
 Amber Steele
 Jonathan and Alison Stein
 Charles Stevens
 Don Sticker
 David Stringer
 Sutter Health Sacramento Sierra Region
 Karen and David Taranto
 Ned Telford
 David and Kim Tennant
 John and Tracy Thurber
 John and Joan Marie Tommaney
 Terri K. Townsend
 Charles Trainor
 Trainor Robertson, Inc.
 Dennis Treadaway
 Miles Trestar
 Tracy and Delight Trotter
 Patricia Tweedy
 UC Davis Health Systems
 Dean F. Unger, AIA, Inc.
 United Way
 University Reporters
 Brian Van Camp and Diane Miller
 Honorable Michael Virga
 Dr. Louis and Wendy Vismara
 Patrick Vujovich
 Wagner, Kirkman, Blaine & Youmans
 Wallace-Kuhl & Associates
 David and Loretta Wallis
 Donald S. Walter
 Mark Warren
 Gary and Jennelle Watts
 Robert Weil
 Weintraub, Genshlea, Chediak & Sproul
 Andrea Weiss
 Wellpoint Associate Giving Campaign
 Welle Fargo
 Quest Discovery Services
 Laurel and Steven White
 Sandra Whittier
 Brian and Jan Wiase
 Williams + Paddon Architects + Planners Inc.
 Wilson Peterson Associates
 Wesley Witt
 World Reach Inc.
 Leta Wrightsman
 H. James Wulfsberg
 Yamasaki Landscape Architecture
 Joseph Yates



THE COST OF CHILD ABUSE IN CALIFORNIA IS STAGGERING BUT THERE IS HOPE

Child abuse fuels crime and suicide, broken marriages and substance abuse. Adults who were abused as children suffer sharply increased risk of heart disease, cancer, and chronic lung and liver disease. In addition to destroying lives, child abuse costs California taxpayers an estimated \$95 billion a year. The cost of prevention is only a fraction of that amount.

We're leading the fight against child abuse in California. Located in Sacramento, The Child Abuse Prevention Center is a 24,000

square-foot, state-of-the-art training, resource and administrative facility that's home to:

- Prevent Child Abuse California
- Community School Solutions of California
- Child Abuse Prevention Council of Sacramento

Governed by a single board of directors and united in a common mission, each organization takes a different but complementary approach to prevent child abuse.


Prevent Child Abuse California, an affiliate of Prevent Child Abuse America, coordinates the good work of all the state's child abuse prevention agencies and organizations, and takes the lead at the State Capitol where it lobbies for child abuse prevention legislation, while educating policy makers about the social and economic impact of this public health crisis.

Community Schools Solutions of California, works with families of at-risk children at or below the poverty level by engaging parents in their children's development through education, incentives and support.

Child Abuse Prevention Council of Sacramento, since 1977, has led the way in child protection efforts, pioneering successful child abuse prevention programs that have become models for other groups throughout California and the nation. Its many innovative programs include the Child Death Review Team, CAPC Corps and the Family Support Collaborative.

Thanks to your support of our programs, a 69% decrease in child abuse has been documented in homes receiving services from The Child Abuse Prevention Center. Together, with your assistance we can further reduce the incidents of child abuse. Please consider The Center in your holiday giving. Your contribution can help a child be healthy and happy in 2006.

Best wishes to you and yours for a safe and wonderful holiday season.

Sheila Anderson

 President & CEO
 The Child Abuse Prevention Center

BIG HEARTS LITTLE HANDS

FALL 2005 A publication of The Child Abuse Prevention Center



IT ONLY TAKES A MINUTE ORDER YOUR BLUE WRIST BANDS TODAY!

Remember, it only takes a minute to ask for help to offer assistance to tell a trusted adult to make the right choice to think before you act to look for warning signs to distract an angry parent to become involved to take a deep breath to count to ten to make a difference in the life of a child

The Center is proud to launch our "It only takes a minute" blue wrist band campaign statewide. The bands can be obtained for a \$1 donation. Bulk orders are available as well. The wrist bands signify your pledge to our children. To purchase wrist bands, call The Center at 1-800-CHILDREN.!

CBS STUDIO CENTER HOSTS CENTER EXECUTIVES

CBS Studio Center's President, Michael Klausman, graciously welcomed The Center's President & CEO Sheila Anderson, Fund Development Deputy Director Robin Coyle and Board members John Lambeth and Wesley Witt, and a host of guests at a luncheon to highlight the important work of The Center to prevent child abuse. The Center's goal is to work with leaders in Southern California to strengthen prevention programs for all of California's children. CBS shares the vision of The Center to end child abuse in all its forms.

The luncheon was a great success with many of the attendees sharing their expertise and offering their time and talents. Attendees had the unique opportunity to privately tour the studio lot.

The Center thanks Michael Klausman of CBS and Lorena Parker, Executive Director of Studio City Improvement Association, for hosting a remarkable luncheon on behalf of children.!

WELLS FARGO BANK FRIEND TO CHILDREN

The Center was delighted to receive a generous contribution from Wells Fargo Bank for \$25,000. Robert Crouch and Glen Kelley of Wells Fargo presented a check to Sheila Anderson, President & CEO, and Robin Coyle, Fund Development Deputy Director at The Center. The funds will be used to meet the increasing demand for services and training that are critical to the well being of children and families.

Glen Kelly, a Center Board member, was instrumental in securing the contribution. Glen said, "The Center does amazing work. Wells Fargo is proud to assist in their efforts to prevent child abuse and strengthen communities across California."

Robert Crouch and Glen Kelley from Wells Fargo present The Center's President & CEO, Sheila Anderson and Robin Coyle, Deputy Director with a generous donation.



PACIFIC SERVICE CREDIT UNION TEAMS UP WITH COMMUNITY SCHOOL SOLUTIONS OF CALIFORNIA

Special thanks to Pacific Service Credit Union, which awarded a grant to The Center's Community School Solutions of California for much needed supplies for the Family Opportunity Center located in the Arden Arcade area of Sacramento County. The Family Opportunity Center provides child development/school readiness activities for young children, and provides opportunities for parents to better prepare their children for school success. Items from coloring books and art supplies to child size chairs have now been purchased and are in use thanks to the generosity of Pacific Service Credit Union.!

LYON REAL ESTATE CHARITY GOLF TOURNAMENT

Thank you to Board member Laura Lyon of Lyon & Associates Realtors, who designated The Center as the beneficiary of their third annual Lyon Real Estate Charity Golf Tournament in May at Haggin Oaks in Sacramento. The tournament raised \$10,000 for prevention training and programs.

Joe Wilson from Lyon & Associates Realtors reported that the tournament had 152 golfers who had a great day of golf in a tournament that supported child abuse prevention efforts. Thank you Lyon & Associates Realtors!!

RECYCLE WITH OUR THRIFT STORE

Linens, kitchen items, clothes, small appliances, handbags, shoes, sporting goods, books, records, tools, glassware, rugs, lamps, toys, bikes and baby products are all items that a local Thrift Store collects on our behalf.

If you would like to donate your gently used items, you may bring them to The Center Monday thru Friday, 8 am to 5 pm or call us at 1-800-CHILDREN for more information.!



96.3% SUCCESS RATE!

The Center is proud to partner with Mutual Assistance Network of Del Paso Heights in the Youth Investment Center (YIC) program at Martin Luther King Jr. Junior High and Grant High School. The YIC program works with children in foster care to prepare them for emancipation at age 18 in the areas of employment, housing, transportation, life skills, health care, graduation from high school, and future higher education plans. We are proud to report that 96.3% of the 134 foster youth who participated in the program were promoted to the next grade level or successfully graduated at the end of the 2004-2005 school year.

YIC is funded through The Center's AmeriCorps project, United Way and California Corrections Standards Authority (formerly known as the Board of Corrections).!



DONATE YOUR CAR FOR KIDS

The Child Abuse Prevention Center is accepting vehicle donations. If you have a vehicle, boat, motor home, golf cart, etc., please call The Center at 1-800-CHILDREN. We will arrange for your vehicle to be picked-up and take care of all the paperwork. Donations may be tax deductible according to state and federal codes; consult with your tax advisor regarding your situation.

Vehicles donated to The Center will help fund proven prevention programs that make an impact in the lives of children and their families.!

EMAIL CENTER NEWS

To receive The Center's 2006 newsletters via email, please send an email to ckauffman@thecapcenter.org or call 1-800-CHILDREN.!



MEET MIKEY

Mikey is the newest member of The Center's prevention team and will help launch the Shaken Baby Syndrome Prevention Program in all eight Sacramento birthing hospitals and 24 Home Visitation programs. Mikey is a life-like training Shaken Baby Syndrome simulation doll. The new program is an evidence-based training program on infant crying for all new parents in Sacramento (18,000 annually) and is expected to reduce the rates of Shaken Baby by 50%. The project is funded by a \$50,000 grant from the Sutter Medical Center Sacramento Community Collaborative Benefits Program.

Shaken Baby Syndrome is the injury of multiple body parts including the brain, eyes and bones caused by the violent shaking of an infant or young child. There may be many factors within a family or care giving facility that lead to violent shaking, but typically the "last straw" is incon-

SUCCESSFUL ADVOCACY TRIP TO WASHINGTON D.C.

Each year, Prevent Child Abuse America (our National Chapter) holds an Executive Director's meeting in order to strengthen prevention efforts nationwide. Prevent Child Abuse California President & CEO, Sheila Anderson, and Deputy Director, Scott Moak attended the meeting in Washington D.C., which also featured a Policy Institute. Sheila and Scott, along with representatives from 42 sister-chapters, dedicated one day of their trip to meet with members of Congress to discuss important issues relating to child abuse prevention in California, such as CAPTA funding, pending cuts to entitlement programs, the Education Begins at Home Act and other home visitation programs.!

solable infant crying. Babies do not die of crying, but they do die from being shaken. These needless infant deaths *can* be prevented and the Shaken Baby Syndrome Prevention Program is designed to do just that.

When Mikey is shaken, the potential life threatening and damaging effects of Shaken Baby Syndrome can be seen. Mikey's clear skull has indicators that flash a red light when damage has occurred. The effects of shaking a baby can range from blindness, hearing loss, delayed motor skills, paralysis, and internal bleeding to even death.

The Center's staff uses Mikey to demonstrate to audiences how susceptible infants are to Shaken Baby Syndrome. Mikey has been a sobering educational component to The Center's prevention efforts as audiences have been stunned to learn how easily and quickly irreparable damage can occur.!